Week 1

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: |
| Breakfast | Breakfast | Breakfast | Breakfast | Breakfast |
| Breakfast Cereals/ Toast \& Preserves/Pure Fruit Juice Porridge with Honey | Breakfast Cereals/ Toast \& Preserves/Pure Fruit Juice Porridge with Honey | Breakfast Cereals/ Toast \& Preserves/Pure Fruit Juice Porridge with Honey | Breakfast Cereals/ Toast \& Preserves/Pure Fruit Juice Porridge with Honey | Breakfast Cereals/ Toast \& Preserves/Pure Fruit Juice Porridge with Honey |
| Boiled Eggs \& Toast | Vegetable Roll, Potato Bread, Fried egg. | Croissant with Jam | Bacon and Poached Egg | Ulster Fry |
| Lunch | Lunch | Lunch | Lunch | Lunch |
| Soup of the day | Soup of the day | Soup of the day | Soup of the day | Soup of the day |
| Salad Bar \& Sandwich Bar | Salad Bar \& Sandwich Bar | Salad Bar \& Sandwich Bar | Salad Bar \& Sandwich Bar | Salad Bar \& Sandwich Bar |
| Main Course 1 <br> Fusilli Pasta with Bolognaise Sauce and Ricotta Cheese | Main Course 1 <br> Beef Burgers in a Soft Bun | Main Course 1 <br> Steamed Chicken Breast With Roast Gravy | Main Course 1 <br> Deconstructed Cowboy Pie | Main Course 1 Fish fingers |
| Main Course 2 <br> Chicken Supreme Garlic Cream Sauce | Main Course 2 Battered Cod Fillets | Main Course 2 Pasta Bolognaise | Main Course 2 <br> Spiced Chicken Fajita Stir Fry | Main Course 2 <br> Chilli Con Carne \& Coriander Rice |
| Vegetarian <br> Baked Potato with Cheese | Vegetarian <br> Bean \& Pepper Burrito | Vegetarian <br> Mediterranean Vegetable Ratatouille | Vegetarian <br> Vegie Cannelloni with Cheese Sauce | Vegetarian Baked Tomato Basil and Mozzarella Aubergine |
| Garlic Diced Potato Green Beans | Chipped Potatoes Garden Peas | Saffron Buttered Potatoes Carrot \& Parsnip Mash | Creamed Potatoes Baked Beans | New Baby Potatoes with Herbs Peas |
| Sweet Wrapped Blueberry Mini Muffin | Sweet <br> Fresh Cut Watermelon | Sweet Apple Crumble Custard | Sweet Clandeboye Senga Strawberry Yoghurt | Sweet Chocolate Sponge and Squirty Cream |
| Evening Meal | Evening Meal | Evening Meal | Evening Meal | Evening Meal |
| Main Course 1 <br> Southern Fried Chicken Fillet | Main Course 1 Breaded Chicken Fillet with Ham \& Cheese Sauce | Main Course 1 Lasagne al Forno | Margherita and Pepperoni Pizzas | Chicken Kiev |
| Main Course 2 Beef Curry | Main Course 2 <br> Cocktail Sausages in Baked Beans | Main Course 2 <br> Pulled Pork in BBQ sauce with Udon Noodles | Dirty Chips | Beef Burger Vegie Burger |
| Savoury Rice | Dauphinoise Potato | Oven baked Jacket Wedges Green Salad/ Coleslaw | Sweet <br> Caramental traybake | Jacket Wedges Taco Sauce Avocado Salad |
| Fresh Fruit | Fresh Fruit | Fresh Fruit | Fresh Fruit | Gravy Ring Fresh Fruit |

This is the current menu and may be subject to change if needs arise.

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: |
| Breakfast | Breakfast | Breakfast | Breakfast | Breakfast |
| Breakfast Cereals/ Toast \& Preserves/Pure Fruit Juice Porridge with Honey | Breakfast Cereals/ Toast \& Preserves/Pure Fruit Juice Porridge with Honey | Breakfast Cereals/ Toast \& Preserves/Pure Fruit Juice Porridge with Honey | Breakfast Cereals/ Toast \& Preserves/Pure Fruit Juice Porridge with Honey | Breakfast Cereals/ Toast \& Preserves/Pure Fruit Juice Porridge with Honey |
| Scrambled Eggs \& Toast | Pork Sausages Baked Beans | Croissants Hot Chocolate | Scrambled Eggs Grilled Bacon | Rich Cinnamon Swirl |
| Lunch | Lunch | Lunch | Lunch | Lunch |
| Soup of the day | Soup of the day | Soup of the day | Soup of the day | Soup of the day |
| Salad Bar \& Sandwich Bar | Salad Bar \& Sandwich Bar | Salad Bar \& Sandwich Bar | Salad Bar \& Sandwich Bar | Salad Bar \& Sandwich Bar |
| Main Course 1 Creamy Chicken Pasta | Main Course 1 <br> Minced Steak \& Onion Pie | Main Course 1 <br> Braised Beef Sausages in Onion Gravy | Main Course 1 <br> Penne Pasta with Tomato \& Pepperoni Sauce | Main Course 1 <br> Battered Cod Fish Fingers |
| Main Course 2 <br> Enchilada Bake with Spiced Beef, Pinto Beans \& Rice | Main Course 2 <br> Chicken Cacciatore | Main Course 2 <br> Roast Loin of Pork with gravy | Main Course 2 <br> Minced Beef Stew | Main Course 2 <br> Sweet Chilli Chicken Fillets |
| Vegetarian <br> Butterbean \& Sweet Potato Ragout | Vegetarian <br> Vegetable Snitzels | Vegetarian <br> Penne Pasta with Cherry Tomatoes, Spinach and Mascarpone Sauce | Vegetarian <br> Mushroom Risotto | Vegetarian <br> Penne Pasta with Courgette, Basil and Cherry Tomato |
| Roast Potatoes Sweetcorn | Creamed Potatoes Farmhouse Vegetables | Champ <br> Spaghetti Hoops | Boiled Potatoes Sliced Carrots | Baby Potatoes Tender stem Broccoli |
| Sweet <br> Jam and Coconut Sponge Custard | Sweet <br> Fruit slices | Sweet <br> Mini Chocolate Eclairs | Sweet Clandeboye Toffee Yoghurt | Sweet <br> Meringue nest with Forrest Fruits and Cream |
| Evening Meal | Evening Meal | Evening Meal | Evening Meal | Evening Meal |
| Main Course 1 Margherita Pizza | Main Course 1 <br> Breaded Chicken Goujon | Main Course 1 Ham \& Mozzarella Cheese Panini | Main Course 1 <br> Salmon Ginger, Chilli Dressing with Tender stem Broccoli | Main Course 1 Pulled Pork |
| Main Course 2 Beef and Onion Pie Dauphinoise Potato | Main Course 2 <br> Cod baked in Tomato sauce with Capers, Garlic \& Rosemary | Main Course 2 <br> Ravioli with Cherry Tomato Sauce s | Main Course 2 <br> Chicken Fillet with a Garlic, Honey and Lime rub | Jackfruit Bao Buns |
| Sweet Potato Fries Salad Bar | Sauté Potatoes Green Salad | Chipped Potatoes Coleslaw | Spiced Wedge Potatoes | Poutine Chips Salads |
| Fresh Fruit | Fresh Fruit | Fresh Fruit | Sweet <br> Chocolate Ice Cream Tub | Fresh Fruit |

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Week 3

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: |
| Breakfast | Breakfast | Breakfast | Breakfast | Breakfast |
| Breakfast Cereals/ Toast \& Preserves/Pure Fruit Juice Porridge with Honey | Breakfast Cereals/ Toast \& Preserves/Pure Fruit Juice Porridge with Honey | Breakfast Cereals/ Toast \& Preserves/Pure Fruit Juice Porridge with Honey | Breakfast Cereals/ Toast \& Preserves/Pure Fruit Juice Porridge with Honey | Breakfast Cereals/ Toast \& Preserves/Pure Fruit Juice Porridge with Honey |
| Boiled Eggs \& Toast | Poached Eggs Grilled Bacon | Cinnamon Swirl Danish Pastries | Poached Eggs on English Muffins | Pain Au Chocolat |
| Lunch | Lunch | Lunch | Lunch | Lunch |
| Soup of the day | Soup of the day | Soup of the day | Soup of the day | Soup of the day |
| Salad Bar \& Sandwich Bar | Salad Bar \& Sandwich Bar | Salad Bar \& Sandwich Bar | Salad Bar \& Sandwich Bar | Salad Bar \& Sandwich Bar |
| Main Course 1 <br> Italian Tuna Tomato \& Penne Pasta | Main Course 1 <br> Minced Steak \& Onion Pie | Main Course 1 Chicken Curry \& Rice | Main Course 1 Deconstructed Cowboy Pie | Main Course 1 <br> Battered Cod Fish Fingers |
| Main Course 2 <br> Piri Piri Chicken | Main Course 2 <br> Cajun Salmon Fillets | Main Course 2 <br> Roast Loin of Pork | Main Course 2 <br> Roast Beef with Yorkshire Puddings | Main Course 2 <br> Chicken Marrakech |
| Vegetarian <br> Baked Potatoes with Cheesy Beans | Vegetarian <br> Spiced Aubergine \& Potato Curry | Vegetarian <br> Vegetable Pakoras and Rice | Vegetarian <br> Vegetable spring rolls with oriental veg | Vegetarian <br> Falafel Burger |
| Thyme Roast Baby Potatoes Peas \& Sweetcorn | Creamed Potatoes Carrots | Fondant Potatoes Savoy Cabbage | Mashed Potatoes Broccoli | Mashed Potatoes with Chives Garden Peas |
| Sweet <br> Wrapped Blueberry Mini Muffin | Sweet <br> Fresh Fruit Slices | Sweet <br> Apple Crumble and Custard | Sweet <br> Clandeboye Senga Strawberry Yoghurt | Sweet <br> Chocolate brownie. |
| Evening Meal | Evening Meal | Evening Meal | Evening Meal | Evening Meal |
| Main Course 1 <br> Chicken in Roast Gravy | Main Course 1 Pasta Bake | Main Course 1 Chicken Maryland | Main Course 1 Cod Goujons | Chicken Kebabs with BBQ Glaze |
| Main Course 2 <br> Sausages with BBQ Sauce \& Peppers | Main Course 2 <br> Ham \& Cheese Jambons | Main Course 2 <br> Beef Burger in onion gravy | Main Course 2 <br> Braised Steaks with Peppercorn Sauce | Seasoned Wedges Green Salad |
| Roast Potatoes Cauliflower Cheese | Paprika Sauté Potatoes/ Tomato \& Lettuce Salad | Texan Chips Sweetcorn Fritters | Sauté Potatoes <br> Sauté Mushrooms Garden Peas |  |
| Fresh Fruit | Fresh Fruit | Fresh Fruit | Sweet <br> Belgian Chocolate Cookies | Yoghurts |

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